

Bariatric Support Group

The Bariatric Support Group is an informal gathering designed to encourage, educate & support persons considering weight loss surgery or those who have already undergone a weight loss procedure. The group meets monthly and can include guest speakers, short informative sessions and group discussions on related topics about weight loss surgery and management. The group allows an outlet for weight loss patients to interact with other people in similar situations and encourage each other in their weight loss endeavors. The seminar is the third Monday night of each month at 7:00 pm and is designed to be approximately 1 hour in length. The Support Group includes a structured program portion of 30-45 minutes with discussion. The seminar also has additional time of about 30 minutes available for further group discussion but this is optional for all participants.